



2025 Virginia Beach Classic

January 31st-February 2nd, 2025

You are invited to the 2025 Virginia Beach Classic, hosted by Gymstrada Gymnastics. This will be our 48th year hosting the Virginia Beach Classic and it will be held at Ocean Lakes High School (OLHS). OLHS is located at 885 Schumann Drive, Virginia Beach, VA 23454 and is approximately 10 minutes from the Virginia Beach Oceanfront.

Make a trip down to beautiful Virginia Beach, VA and stay right on the Atlantic Ocean. This meet will fill up quick, so don't miss out! We will have the final schedule done right after the entry deadline of December 22nd, 2024 giving you plenty of time to make travel arrangements. We hope you can make it and let me know if you have any questions!

Sincerely,

Nic Tolley and Gymstrada Gymnastics
757-499-8591
NicTolley@gmail.com

2025 VIRGINIA BEACH CLASSIC

January 31-February 2nd, 2025

If you have any questions you may call the office at 757-499-8591 or email Nic Tolley at NicTolley@gmail.com

Host Club: Gymstrada Gymnastics

Competing Levels: Levels 2-10 USAG and All Xcel Divisions

Entry Fees: W.D.P. Levels 2 - 10 & All Xcel Divisions - **\$135.00 per gymnast**

Website: www.Gymstrada.com

Entries: Make checks payable to Gymstrada and please mail all entries to:
Gymstrada ATTN: Nic Tolley
5644 Parliament Drive,
Virginia Beach, VA 23462

Meet Director/Coordinator: Nic Tolley: email: NicTolley@gmail.com Phone number: 757-499-8591

Entry Deadline: December 22nd, 2024

Cancellation Deadline: No Refunds after December 22nd, 2024 for any reason

Competition Schedule: Friday January 31st, 2025 from 5:30pm-10:00pm
Saturday February 1st, 2025 from 8:00am – 10:00 pm
Sunday February 2nd, 2025 from 8:00 am – 10:00 pm
*session times will be posted on www.gymstrada.com on December 23rd, 2024

Team Trophy Entry Fees: **\$50.00 per team**

Level 2-10: The 3 highest scores per event count toward team score.
All Xcel Divisions: The 3 highest scores per event count towards team score.

**You may only have 1 team per level entered. Clubs can win multiple levels.

**Team trophies will be given for the first, second, and third placed teams

Equipment:

VAULT: AAI Vault table, Tac/10

Base Mats: 12 Centimeters

Run Way: 82'; Thickness: 1 & 3/8 inches

Resilite Level 3 vaulting system

BARS: AAI Competition Bars

AAI "soft blue Rails" will be used

Base Mats: 12 Centimeters

BEAM: AAI Competition Beam

Base mats: 12 Centimeters

FLOOR: AAI Spring floor

*8" mats, 4" mats, and Sting mats available at every event

* Multiple Spring Boards available: AAI Tac/10 LZT Stratum Vault Board / AAI Stratum Vault Board (Gray Carpet top)

Competition Format: Modified Capital Cup Format

Competition Location: Gymstrada will host the 2025 Virginia Beach Classic at Ocean Lakes High School (OLHS), which is located approximately 10 minutes from the Virginia Beach Ocean Front. OLHS's address is: 885 Schumann Drive, Virginia Beach, VA 23454. (<http://www.oceanlakeshs.vbschools.com/>)

Admission Fees:

Ages	One Day	Three Days
Ages 5 & Under	Free	Free
Ages 6 - 12	\$10.00	\$15.00
Ages 13 & up	\$15.00	\$20.00
Senior Citizens (55 and over)	\$10.00	\$15.00

ONLY CASH ACCEPTED FOR ADMISSION FEES

Awards:

- Three to five age division per level (depending on number of entries per level)
- Medals: 50% on Individual events and 100% in the All Around
- Individual/Team awards will be given after each session

Results: Will be posted live on www.meetscoresonline.com

Hotel:

1) Spring Hill Suites Oceanfront (Marriott)- \$129.00 per room/night

- 901 Atlantic Avenue, Virginia Beach, VA 23451 (OCEANFRONT HOTEL)
- The Gymstrada room block will end on 1/17/2025. Please make all reservations and changes on or before 1/17/2025.
- For Reservations (2-Queen Studio Suite or 1-King Studio Suite):
 - Online
 1. Booking Link: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1707327114964&key=GRP&app=resvlink>
 2. This link can also be found on the meet's website: <https://www.gymstrada.com/virginia-beach-classic-info.html>
 - Phone
 1. For phone reservations, please call hotel directly- 757-417-3982. Please refer to the 2025 Virginia Beach Classic
- Hotel Website: <https://www.marriott.com/hotels/travel/orfvo-springhill-suites-virginia-beach-oceanfront/>
- Included with hotel - Free hot breakfast and parking

2) Fairfield Inn and Suites (Marriott) - \$129.00 per room/night

- 1901 Atlantic Avenue, Virginia Beach, VA 23451 (OCEANFRONT HOTEL)
- The Gymstrada room block will end on 1/17/2025. Please make all reservations and changes on or before 1/17/2025.
- For Reservations (2-Double beds):
 - Online
 1. Booking Link: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1707327114964&key=GRP&app=resvlink>
 2. This link can also be found on the meet's website: <https://www.gymstrada.com/virginia-beach-classic-info.html>
 - Phone
 1. For phone reservations, please call hotel directly- 757-422-4885. Please refer to the 2025 Virginia Beach Classic
- Hotel Website: <https://www.marriott.com/en-us/hotels/orfva-fairfield-inn-and-suites-virginia-beach-oceanfront/overview/>
- Included with Hotel - Free hot breakfast and parking