GYMSTRADA CLASS SCHEDULE

Updated July 2026

757-499-8591

www.Gymstrada.com

GymstradaOffice@gmail.com

MONDAY

4:00 – 5:00pm ..... 3 – 12 years
5:15 – 6:15pm ..... 4 -12 years
6:30 – 8:00pm ..... 7 years & up. **GIRLS & BOYS**

TUESDAY

10:00 – 11:00am **…….***(class goes from September – mid June)* ..... 3 – 9 years
1:00 – 2:00pm ……(***class goes from September – mid June***)..... 3 – 12 years
4:00 – 5:00pm ..... 3 – 12 years
4:15 – 5:45pm ..... **Boys Pre-team #1 (invite only) ****
4:30 – 7:30pm ..... **Juniors (invite only) ****
5:15 – 6:45pm ..... **Developmental (invite only) ****
5:45 – 7:15pm ..... **Boys Pre-Team #2 (invite only) ****
7:00 – 8:30pm ..... High School Gymnastics
7:30 – 8:30pm ..... Tumbling ONLY

WEDNESDAY

10:00 – 11:00am **….(***class goes from September – mid June***)** ..... 3 – 9 years
1:00 – 2:00pm **…….(***class goes from September – mid June***)**……..3 – 12 years
4:00 – 5:00pm ..... 3 – 12 years
5:00 – 6:30pm ..... **Boys Pre-Team (invite only) ****
5:15 – 6:15pm ..... 4 -12 years
6:30 – 8:00pm ..... 7 years & up. **GIRLS & BOYS**

THURSDAY

4:00 – 5:00pm ..... 3 – 12 years
4:15 – 5:45pm ..... **Boys Pre-team #1 (invite only) ****
4:30 – 7:30pm ..... **Juniors (invite only) ****
5:15 – 6:45pm ..... **Developmental (invite only) ****
5:45 – 7:15pm ..... **Boys Pre-Team #2 (invite only) ****
7:00 – 8:30pm ..... High School Gymnastics
7:30 – 8:30pm ..... Tumbling ONLY

FRIDAY ***(ALL Friday classes go from September – mid June)***

4:00 – 5:00pm…… ..... 3 – 9 years
5:15 – 6:15pm…. ..... 4 -12 years
6:30 – 8:00pm…… ..... 7 years & up. **GIRLS & BOYS**

SATURDAY

9:15 – 10:15am ..... 4 – 12 years old
10:30 –11:30am ..... 3 – 9 years old

(**) Must enroll in both days
There will be NO REFUNDS or PRORATIONS for missed classes
Gymnasts can make up any missed classes by contacting the Gymstrada Office
Gymnasts must be enrolled to make up any missed classes

GYMSTRADA MONTHLY COSTS

07/1/2026

ANNUAL REGISTRATION FEE: $25.00 PER CHILD

Family hours / week	Tuition cost / month
1 hr/week	$92.00
1½ hrs/week	$120.00
2 hrs/week	$141.00
2½ hrs/week	$158.00
3 hrs/week	$175.00
3½ hrs/week	$187.00
4 hrs/week	$198.00
4½ hrs/week	$209.00
5 hrs/week	$220.00
5½ hrs/week	$235.00
6 hrs/week	$249.00
6½ hrs/week	$269.00
7 hrs/week	$289.00
7½ hrs/week	$309.00
8 hrs/week	$329.00
8½ hrs/week	$349.00
9 hrs/week	$369.00
9½ hrs/week	$389.00
10 hrs/week	$409.00
10½ hrs/week	$429.00
11 hrs/week	$449.00
11½ hrs/week	$469.00
12 hrs/week	$489.00
12½ hrs/week	$509.00
13 hrs/week	$529.00
13½ hrs/week	$549.00
14 hrs/week	$569.00

THERE WILL BE NO REFUNDS ON TUITION PAYMENTS OR REGISTRATION FEE.

SEE THE BROCHURE FOR MORE INFORMATION.

****Rates are for Recreational Classes and Pre-team Groups. Hours are not combined with any competitive team monthly costs.***